

A to Z ALTERNATIVE NAMES FOR PALM OIL

(THE POTENTIAL PALM OIL DERIVATIVES LIST) © Bev Luff 2009

PREFACE

Bev's research into ingredients which are palm oil derived commenced in 2008. In late 2009 Bev started to compile a list so she could educate others how to detect palm oil in products they were using. At first Bev only found 40 or so ingredients then 80 then 150 and as her research continued she discovered that this list is unfortunately a work in progress as today it is in the thousands. She continues to research and find more daily.

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Many food products have palm oil listed as 'vegetable oil' as it is used to make vegetable oil blends being "*the cheapest vegetable oil on the planet*" (if you ignore the costs of the environmental impact it causes on a very special belt of Tropical land around the globe !). In both food and non-food products there are 1000's of palm oil derivatives as it is a very versatile ingredient. This makes it difficult for consumers wishing to avoid palm oil (for dietary, allergy, health or ethical reasons) to know whether the product they wish to buy contains palm oil or palm oil derivatives.

If an ingredient in the product you are researching has any one of the following ingredients then it MAY be derived from palm oil. Some of these ingredients can be derived from other sources as well as palm oil so if the product has one of the ingredients below you may want to contact the company to find out its derivation although they will not always know the correct answer either! The only way to really know is to sight documentation from the original ingredient manufacturer of that ingredient way down the supply chain which is where we come in as that is what we do on your behalf.

The list below has only 618 ingredient names but it is written in alphabetical order for easier reference. The reference list we use as part of our certification trademark assessment now in 2024 has over 2,000 ingredients names (and increasing) which we have discovered so far and we are still finding more and more every day. There are possibly thousands of palm oil derivatives hence the need for this Palm Oil Free Certification Trademark as it really is specialist research.

Since 2014 the EU law on food information to consumers (known as FIC) has ensured that any food items containing palm oil must be labelled. Until the introduction of this law, palm oil could be referred to in many different ways on an ingredients list on food items. These were often generic eg vegetable oil glycerine, cocoa butter substitute (CBS) to name a few. This law has not gone far enough as it only applies to food items and doesn't cover palm oil derivatives either in food or non-food items and often make up most of a product's ingredients in their varied forms. These are still conveniently hidden under a plethora of confusing ingredient names most which do not contain the word palm.

But In Australia & New Zealand only 3 vegetable oils (peanut, sesame and soya) must be labelled on food products for potential allergic reactions. All other vegetable oils can be labelled as vegetable oil and commonly are a palm oil blend. So in Australia and NZ palm doesn't have to be specified in food or non-food products. However, at least in food products the label must declare the amount of saturated fat in the product. So if the label states vegetable oil and has a high saturated fat content it is likely it will be palm oil or coconut but as coconut oil is a far more expensive oil than palm oil it is more likely to be palm oil. This is a good way of identifying if a food product potentially has palm oil in as other vegetable oils have a lower saturated fat content. However non-food products are far more difficult to know and require further research.

Note: Please use the list below as a guide only.

We hope you find this list useful.

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The List from A to Z

1,2-OClanediol
1,2-Octyleneglycol
2-Ethyl Hexyl Stearate
100 Cetyl/stearyl ether 304
 α -hydroxy-N-stearoylphytosphingosine
acetylated glycol stearate
Acetylated monoglycerides
Acetic and fatty acid esters of glycerol (472a/E472a)
Acrylated Palm Oil
APO
Acrylates/Palmeth-25
AHCHEM 0810 (Octyl Decyl Alcohol)
AHCHEM 0898 (Octyl Alcohol)
AHCHEM 1098 (Decyl Alcohol)
AHCHEM 1216 (Lauryl/Myristyl Alcohol)
AHCHEM 1299 (Lauryl Alcohol)
AHCHEM 1498 (Myristyl Alcohol NF)
AHCHEM 1618 (Cetyl Stearyl/Cetearyl Alcohol)
AHCHEM 1698 (Cetyl Alcohol NF)
AHCHEM 1898 (Stearyl Alcohol NF)
AHCHEM® Fatty Alcohols
Alkyl alcohol Aluminium stearate
Alkyl polyglucoside

Aluminium, calcium, sodium, magnesium salts of fatty acids (470/E470a; E470b)

Aluminum dimyristate

Aluminum Isostearates

Aluminium myristate

Aluminium palmitate

Aluminium stearate

Ammonium laureth sulphate

Ammonium lauryl sulphate

Anionic & Non Anionic Surfactants (too generic an ingredient, need more info on)

Arachamide mea

Ascorbyl palmitate

Ascorbyl palmitate (304)

Ascorbyl stearate

Azelaic acid

Behenic acid 85% (C22)

Behentrimonium methosulphate

BTMS

beta Carotene

Biodiesel

Butyl myristate

Butyl stearate

Butyl Stearate IPM (Isopropyl Myristate)

C16

C17

C18

CAB

Calcium lactylate

Calcium oleyl lactylate

Calcium myristate

Calcium stearate

Calcium stearyl lactylate (482/E482)

CAPB

CAPB-KG30

CAPB-KG45

Capric Acid (C10)

Capric triglyceride

Capryl Glucoside

Caprylamine

Caprylic acid
Caprylic acid (C8)
Caprylic triglyceride
Caprylic/capric acid (C810)
Caprylic-capric triglycerides
Caprylic-capric-stearic triglyceride
Capryloyl glycine
Caprylyl glycol
Carboxylic acid
Carboxymethyl cellulose (CMC) (can come from PKC cellulose)
CDE
CDE K85
CDE K90
CDE-K85
CDE-K90
Ceteareth (2-100)
Cetearyl alcohol
Cetearyl ethylhexanoate
Cetearyl glucoside
Cetearyl isononanoate
Cetearyl olivate
Ceteth-20
Ceteth-24
Cetyltrimethylammonium bromide (CTAB)
CTAB
Cetyltrimethylammonium chloride (CTAC)
CTAC
Cetrimonium bromide
Cetrimonium chloride
Cetostearyl alcohol
Cetyl acetate
Cetyl alcohol
Cetyl ethylhexanoate
Cetyl hydroxyethylcellulose
Cetyl lactate
Cetyl myristate
Cetyl octanoate
Cetyl palmitate

Cetyl ricinoleate
Cetyl-PG Hydroxyethyl Palmitamide
Cetyl/stearyl ether
Citric and fatty acid esters of glycerol (472c/E472c)
Citris seed extract
CMEA
CME-K85
CME-K95
Coco - Caprylate
Coco - polyglucose
Cocoyl sarcosine
Coco - DEA
Coco - Glucoside
Coco Alkyl Betaine
Coco MEA
Cocoa butter equivalent (CBE)
Cocoa butter substitute (CBS)
Cocoamidopropyl Amine Oxide
Cocodiethanolamide
Cocomide - DEA
cocomide - MEA
Cocomidopropyl - Betaine
Cocomonoethanolamide
Coconut Fatty Acid
Decal - Glucosde
Decyl Myristate
Decyl oleate
Diacetyltartaric and fatty acid esters of glycerol (472e/E472e)
Dicaprylyl Ether
dicocoyl ethyl hydroxyethylmonium methosulfate
Dicocoyl Pentaerythrityl Distearyl Citrate
Dilinoic acid
Disodium laureth sulfosuccinate
Disodium lauryl sulfosuccinate
Distilled Fatty Acids
Distilled Monoglyceride Palm
Distilled Palm Kernel (DPK)
Dried Yeast

EBS – Ethylene Bis Stearamide

EBS Beads

EBS SF

EBS SP

Elaeis guineensis oil

Emulsifier 422

Emulsifier 430

Emulsifier 431

Emulsifier 432

Emulsifier 433

Emulsifier 434

Emulsifier 436

Emulsifier 470

Emulsifier 470a

Emulsifier 470b

Emulsifier 471

Emulsifier 471a

Emulsifier 471b

Emulsifier 471c

Emulsifier 471d

Emulsifier 472e

Emulsifier 473

Emulsifier 474

Emulsifier 475

Emulsifier 476

Emulsifier 477

Emulsifier 478

Emulsifier 481

Emulsifier 482

Emulsifier 483

Emulsifier 484

Emulsifier 485

Emulsifier 493

Emulsifier 494

Emulsifier 495

Epoxidized palm oil (uv cured coatings)

Emulsifying wax

Ethoxylated glycerol monooleate

Ethoxylated lauryl alcohol
Ethoxylated monoglycerides
Ethoxylated Sorbitan monostearate (SMS)
Ethoxylated Sorbitan Mono-stearate (STS)
Ethoxylated palm oil
Ethyl lauroyl arginate (243)
Ethylene glycol monostearate
Ethylhexyl hydroxystearate
Ethylhexyl myristate
Ethylhexyl palmitate
Ethylhexyl stearate
Ethylhexylglycerin
Ethylene glycol diesters
Ethylene glycol esters
Ethylene glycol monoesters
Ethylene glycol monostearate
Ethylhexylglycerin
Ethylhexyl hydroxystearate
Ethylhexyl myristate
Ethylhexyl palmitate
Ethylhexyl stearate
Fatty Acid Diethanolamides
Fatty Acid Monoethanolamides
Fatty Acids
Fatty Alcohol Alkoxylate
Fatty Alcohol Ethoxylate
Fatty alcohol sulphates
Fatty isethionate
Fractionated Palm Methyl Esters
Glycerin
Glycerin or glycerol (442)
Glycerine
Glyceryl cocoate
Glyceryl esters
Glycerol di-myristate
Glyceryl distearate
Glyceryl laurate
glyceryl monococoate

Glyceryl monostearate
Glyceryl myristate
Glyceryl oleate
Glyceryl polymethacrylate
Glyceryl rosinatate
Glyceryl stearate
Glyceryl stearate SE
Glyceryl tripalmitate
Glycol distearate
Glycol stearate
Grapefruit seed extract
Guineesis (palm)
Hexadecylic
Hexyl laurate
Hexyldecanol
Humectant 422
Hydrogenated palm glycerides
IPO (Isopropyl Oleate)
Isopropyl Acetate
Isopropyl isostearate
Isoamyl laurate
Isobutyl myristate
Isocetyl alcohol
Isocetyl myristate
Isodecyl oleate
Isopropyl esters
Isopropyl isostearate
Isopropyl myristate
Isopropyl palmitate
Isopropyl titanium triisostearate
Isostearamide DEA
Isostearate DEA
Isostearic acid
Isostearyl alcohol
Isostearyl isostearate
Isostearyl myristate
Isostearyl neopentanoate
Isotridecyl myristate

Lactic and fatty acid esters of glycerol (472b/E472b)

Lactylated Monoglycerides

Lauramide DEA

Lauramide MEA

Lauramine oxide

Laureth

Laureth-1,

Laureth-2

Laureth-3

Laureth-5

Laureth-6

Laureth-7

Laureth-8

Laureth-9

Laureth-10

Laureth-11

Laureth-12

Laureth-13

Laureth-14

Laureth-15

Laureth-16

Laureth-20

Laureth-21

Laureth-25

Laureth-30

Laureth-38

Laureth-40

Laureth-50

Lauric acid

Lauric Acid (C12)

Lauroyl sarcosine

Lauryl Alcohol Ethoxylates (2, 3 & 4 Mole)

Lauryl betaine

Lauryl dimonium hydrolysed collagen

Lauryl glucoside

Lauryl lactate

Laurel myristate

Lauryl pyrrolidone

Lauryl sarcosine
Lecithin
Lecithin isopropyl palm oil
Linoleic acid
Magnesium myristate
Magnesium stearate
Metallic stearates
Methyl laurate (1214)
Methyl myristate
Methyl laurate stearate (1218)
Methyl oleate (1898)
Methyl palmitate-stearate (1618)
(Methyl palmitate-stearate – DPK)
Mixed tartaric, acetic and fatty acid esters of glycerol (472f/E472f)
Mono-and-di-glycerides of fatty acids (471/E471)
Mono glycerides of fatty acids
Monoglyceride citrate
Monopalmitate
Myreth 3 myristate
Myristate
Myristic acid
Myristic Acid (C14))
Myristic Cetrimonium Chloride Acid
Myristoyl
Myristyl alcohol
Myristyl myristate
Myristoyl Sarcosine
Myristoyl Sarcosinate
Myristyl alcohol
Myristyl myristate
n- Butyl esters
n-Octane-1,2-diol
N-stearoyl phytosphingosine
N-stearoyl sphinganine
Octandiol
Octan-1,2-diol
Octyl palmitate
Octyl stearate

Octyldodecyl myristate
Octyldodecyl stearyl stearate
Oleamide MIPA
Oleic acid
Oleic Acid FGK
Oleyl betaine
Oleyl myristate
Oleoyl sarcosine
Olivem 1000
Olive - emulse
Oliv-wax LQC
PALMESTER fatty esters
Palm fruit oil
Palmitoleic acid
Palm Kernel Acid
Palm kernel cake
Palm Kernel Diethanolamide
Palm Kernel Fatty Acid
Palm Kernel Monoethanolamide
Palm kernel oil
Palm Methyl Esters
Palm oil
Palm olein
Palm stearine
Palm Sterine (PS)
Palmate
Palmitamidopropyl betaine
Palmitamidopropyltrimonium chloride
Palmitate
Palmitic acid
Palmitic Acid (C16)
Palmitoyl acid
Palmitoyl alcohol
Palm oleic acid
Palmitoyl myristyl serinate
Palmitoyl oligopeptide
Palmitoyl oxostearamide
Palmitoyl tetrapeptide-3

Palm Methyl Ester
PBS Base
Palmonate
Palmosalt
PEG-2 cetyl/stearyl ether
PEG - 7
PEG-100 stearate
PEG-12 Carnauba
PEG-15 stearyl ether
PEG-150 distearate
PEG-2 oleamine
PEG-20 stearate
PEG-4 laurate
PEG-40 stearate
PEG-8 distearate
PEG-8 stearate
PEG-80 sorbitan laurate
Pentaerythritol tetra caprai/caprylate
Pentaerythrityl tetracaprylate/tetracaprate
Pentaerythrityl tetraisostearate
Peptide complex
PG dicaprylate/caprate
PK oleic acid
PK DEA
PK MEA
Planta-Cleanse
PME 1214 (Methyl Laurate Myristate)
PME 1218 (Methyl Laurate Stearate)
PME 1298 (Methyl Laurate) PME 1618
PME 1618 (Methyl Palmitate Oleate)
PME 1698 (Methyl Palmitate)
PME 1898 (Methyl Oleate – PK)
POFA (palm oil fuel ash)
Polyethylene glycol
Polyethylene (40) stearate (431)
Polyglycerate-60
Polyglycerol esters of fatty acids (475/E475)
Polyglycerol esters of interesterified ricinoleic acid (476/E476)

Polyglycerol-2 oleyl ether
Polyglyceryl-3 dilisostearate
Polyglyceryl-4 isostearate
Polyglyceryl-4 laurate
Polyglyceryl-4 oleyl ether
Polyoxyethylene
Polyoxyethylene Glycol (PEG-7)
Polysorbate 60
polyoxyethylene (20)
sorbitan monostearate (435/E435)
Polysorbate 65
polyoxyethylene (20)
sorbitan tristearate (436/E436)
Polysorbate 80
polyoxyethylene (20)
sorbitan monoolate (433/E433)
Polysorbate-20
Polysorbate-40
Polysorbate-60
Polysorbate-65
Polysorbate-80
Polysorbate-85
POME palm oil mill effluent
Potassium Cetyl Phosphate
Potassium Palmitate
Potassium myristate
Potassium stearate
PPG-15 stearate ether
PPG-4 Laureth-5
Propylene glycol monoester
Propylene glycol myristate
Propylene glycol
Propylene glycol esters of fatty acids (477/E477)
Propylene glycol laurate
Propylene glycol stearate
Retinyl palmitate
Rubber Grade Stearic Acid
Saponified elaeis guineensis

Sleareth
SLES
SLS
Sodium cetearyl sulphate
Sodium Coco Sulphate
sodium cocoyl glycinate
Sodium cocoyl isethionate
Sodium Dodecyl Sulphate (SDS or NaDS)
Sodium Isostearoyl Lactylate
Sodium lactylate
Sodium laurate
Sodium laurel
Sodium laureth sulfate
Sodium laureth sulphate
Sodium laureth-13 carboxylate
Sodium lauroamphoacetate
Sodium lauroyl glutamate
Sodium lauroyl lactylate
Sodium lauryl
Sodium lauryl ether sulphate (SLES)
Sodium lauryl sulfate
Sodium lauryl sulfoacetate
Sodium lauryl sulphate
Sodium lauroyl sarcosinate
Sodium myristate
sodium oleyl lactylate
Sodium Methyl Cocoyl Taurate
Sodium stearoyl lactylate
Sodium palm kernelate
Sodium palm kerneloyl isethionate
Sodium palmate
Sodium palmitate
Sodium stearate
Sodium stearoyl fumarate
Sodium Stearoyl glutamate
Sodium stearoyl lactylate
sodium stearoyl lactylate (481/E481)

Solubiliser PS20
Sorbitan Caprylate
Sorbitan Cocoate
Sorbitan diisostearate
Sorbitan Distearate
Sorbitan ester
Sorbitan isotearate
Sorbitan laurate
Sorbitan monoglyceride
Sorbitan monolaurate
Sorbitan monopalmitate
Sorbitan monostearate (491)
Sorbitan palmitate
Sorbitan sesquioleate
Sorbitan trioleate
Sorbitan tristearate
Sorbitan tristearate (492)
Sorbitan triglyceride
stearalkonium bentonite
Stearalkonium chloride
Stearalkonium hectorite
Stearamide MEA
Stearamidopropyl dimethylamine
Stearamine Oxide
Steareth - 2
Steareth - 7
Steareth - 10
Steareth - 11
Steareth - 13
Steareth - 14
Steareth - 15
Steareth - 16
Steareth - 20
Steareth - 21
Steareth - 25
Steareth - 27
Steareth - 30
Steareth - 40

Steareth - 50
Steareth - 100
Stearic Acid (C18)& (570)
Stearic acid (vegetable oil)
Stearic Acid 50 NF Powder
Stearic Acid 55%, 65%, 70%, 90%
Stearic acid or fatty acid (570)
Stearic hydrazide
Stearone
Stearoxytrimethylsilane
Stearyl sarcosine
Stearyl acetate
Stearyl alcohol
Stearyl alcohol NF
Stearyl caprylate,
Stearyl citrate
Stearyl dimethicone
Stearyl glycyrrhetinate
Stearyl heptanoate
Stearyl Octanoate
Stearyl Stearate
Stearyl tartarate
Stearyltrimethylammonium Chloride
Stearyl lactic acid
Stearyldimethyl amine
Stearyltrimonium chloride
Succinylated monoglycerides

Sucrose esters of fatty acids (473/E473)
sucrose distearate
sucrose oleate
sucrose tristearate
Shea butter (extended)
Sucrose stearate
Sulphonated Methyl Esters
Synthetic beeswax
Taxanomic
TEA-lauryl sulphate

TEA-stearate
Temest 2 EHC (Ethylhexyl Cocoate)
Temest 2 EHP (Ethylhexyl Palmitate)
Temest 2 EHS (Ethylhexyl Stearate)
Temest 810 (Caprylic/Capric Triglyceride)
Temest 99 (Isononyl Isononanoate)
Temest ALB (C12 15 Alkyl Benzoate)
Temest CTE (Cetearyl Ethylhexanoate)
Temest CTN (Cetearyl Isononanoate)
Temest DO (Decyl Oleate)
Tetradecylocadecyl myristate
Tetrasodium glutamate diacetate
Tocopheryl linoleate
Triacetin
Triacetin (1518)
Tribehenin
Tricaprylin
Tridecyl myristate
Triisopropanolamine
Triple Pressed Stearic Acid
Tristearin
Veg Emulse
Vegetable Emulsifier
Vegetable glycerine
Vegetable gum (466)
vegetable mono diglycerides
vegetable oil
Vit A
Zinc myristate
Zinc stearate
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